

The Effect of Parasitism on Host Organisms and Their Ecosystems

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Chapter - 1

Introduction to Parasitism

Being an obligate habit, parasitism encompasses an inextricable association where the parasite feeds on and lives on or in the host organism that simultaneously serves as an essential and immediate food source and, or generally more broadly, is reliant on the latter for sustenance. Inherent in this uniquely sceptic relationship involves a parasitic adaptation of an infectious agent that enables infection of an otherwise healthy host. Parallel to digestion, the colonies of parasitic living inside of the host cause its victim to liberate necessary nutrients for it to survive - more than any form of either competition or predation. This intricate interdependence between parasite and host generates a complex web of interactions, birthing an enthralling dynamic that stretches the boundaries of biological understanding. Through intimate coexistence, parasites exploit the vulnerable host, surreptitiously infiltrating its internal ecosystem. Embedded within the delicate balance of power lies a remarkable parasitic adaptation, acting as a key to unlock the host's vast resources. With every encounter, the parasitic colonies skillfully manipulate the host's physiology, triggering a chain reaction that ultimately benefits their own survival. Deftly extracting life-sustaining nutrients, they drain the host's reserves, leaving it weakened and vulnerable. The host, unwittingly ensnared in this insidious dance, unknowingly becomes the lifeblood that nourishes its parasitic counterparts. It is within this deep-seated reliance on the host that the true essence of parasitism is unveiled. Like a harmonious orchestra, the parasite and host perform a duet of mutual dependence. The parasite's evolutionary prowess has crafted a finely tuned symphony, wherein it skillfully manipulates the host's biology to cater to its own insatiable appetite. Far surpassing the realm of competition or predation, parasitism stands as a testament to nature's ingenuity. Through their disquieting adaptations, parasites have honed the art of exploitation, diverting the host's resources for their own benefit. This is made possible by a plethora of intricate mechanisms that allow the parasites to penetrate the host's defenses and establish a secure foothold within their body. Whether through specialized enzymes that weaken cellular barriers or sophisticated genetic manipulations that fool the host's immune system, parasites have developed an arsenal of strategies that ensure

their survival and proliferation. They have managed to master the art of manipulation, exploiting their hosts to the fullest extent possible. Such is the captivating nature of this intricate dance, where the parasites embody a sophisticated blend of cunning and survival instincts. As we delve into the depths of parasitic relationships, an awe-inspiring intricacy is revealed. These symbiotic partnerships transcend the realm of mere survival, encapsulating an extraordinary tapestry of interconnected existence. With each interaction, the parasites ingeniously navigate their way through the labyrinthine corridors of the host's body, strategically obtaining the nourishment needed to thrive. They have evolved to exploit and manipulate a wide range of host species, adapting to their unique environments and exploiting their weaknesses. In essence, parasitism represents nature's paradoxical harmony, where a parasitic entity thrives at the expense of its unsuspecting host. The host, although unwittingly coerced into this unnerving arrangement, unknowingly enables the parasite's reign. It is through this remarkable symbiosis that the parasites emerge triumphant in their quest for sustenance, showcasing the awe-inspiring adaptability that lies at the heart of the natural world. However, it is important to note that not all parasites are detrimental to their hosts. In some cases, parasites can even provide benefits, such as controlling the population of other species or serving as a natural parasite repellent. The complex and ever-evolving relationships between parasites and their hosts continue to fascinate scientists and researchers, as they shed light on the intricate workings of the natural world. From microscopic organisms to larger parasites, each species has its own unique strategies and adaptations that allow them to thrive in their respective habitats. It is through the study of these relationships that we gain a deeper understanding of the delicate balances that exist in nature. The expansion of knowledge in this field not only helps us appreciate the incredible diversity of life on Earth but also provides valuable insights into our own biology and health ^[1, 2].

Endoparasites characteristically exist inside their host's bodies, including the digestive tract, the blood and other body fluids, the liver, kidneys, and body fat, the lungs, and the arteries. Ectoparasites are those attaching themselves to the external surface of the host's skin, including hair and feathers. Parasites range from microscopic pathogens to giant sucking lice or leeches, segmented worms, and other achelminthes, such as roundworms, tapeworms, and flukes, regardless of these distinctions. Amongst protozoan parasites is the 2,100 causative agents of human cancer, beguiling the vasculature of 15-30% of the human population, for example.

In other parasite-host couplings, such as human schistosomiasis, parasites

may lay thousands of eggs in the liver, bladder, or intestines, exported in the host's faeces or urine and get to some life cycles intermediate host. These intermediate hosts are often unsuspecting organisms, unknowingly aiding in the parasites' reproduction and perpetuation. As the eggs are released from the host, they find their way into the environment, awaiting the opportunity to infect the definitive host and begin the next phase of their life cycle. Some parasites have evolved complex strategies to ensure their survival, employing mechanisms such as mimicry to deceive their hosts and evade detection. This ongoing battle between parasites and their hosts has shaped the course of evolution, driving adaptations and counter-adaptations in an intricate dance for survival.

From intricate life cycles to intricate physiological manipulations, parasites have mastered the art of exploiting their hosts to ensure their own success. Whether it's the malarial parasite altering mosquito behavior or the toxoplasma manipulating rodent behavior to increase predation risk, parasites have demonstrated remarkable control over their hosts. In some cases, parasites even influence the behavior and decision-making of their hosts to increase their own chances of transmission. The relationship between parasites and their hosts is a complex web of interactions, constantly in flux as both parties strive to outwit and overpower each other. It is a reminder of the incredible diversity and adaptability of life on our planet, and a testament to the power of evolution in shaping the intricate relationships that exist in every corner of the natural world [3, 4, 5].

1.1 Definition and Types of Parasites

The mere definition and understanding of the elaborate process of parasitism can provide profound insights into the profound and intricate effects it bestows upon individual organisms and the intricate ecosystems they reside in. A parasitic relationship, which sets the stage for an elaborate interplay between organisms, transpires when one unparalleled entity effortlessly siphons the essential nutrients and covertly exploits the delicate body of another, known as its invaluable "host," thus invariably wreaking havoc upon it, effectively curtailing its otherwise promised lifespan, and in the direst of circumstances, ruthlessly orchestrating the tragic demise of its host, as though an unforgiving executioner. The cunning organism, basking in the ignoble act of parasitism, aptly dubbed as the sinister "parasite," cunningly establishes its domain within the sacred confines of its host's corporeal existence, becoming an indomitable "endoparasite," or cunningly sets its malicious dwelling on the external facade of its host's vulnerable organism, candidly earning the title of a relentless "ectoparasite."

Parasites can be divided into several categories for the purpose of study. They can be either obligate (needs the host to reproduce) or facultative (can either harm the host in relatively small amounts or use the host to reproduce), and by degree of specialization, or host range. Some parasites are completely host-specific, while others can use many different hosts, including species only distantly related to the specific host. When microorganisms cause disease or model disease, or when parasitic organisms, like endoparasitic worms, are used to test the effects of a substance's toxins upon living tissue, these are all humans. Examples of parasites include *Plasmodium* sp., tapeworms (such as *Taenia solium*), the apicomplexan *Toxoplasma gondii*, and the bacterium *Mycobacterium leprae*, which causes leprosy in humans and armadillos ^[6, 7, 8].

Chapter - 2

Host-Parasite Interactions

Parasitism influences both the host organisms and their ecosystems in a multitude of ways, making it a crucial area of study for scientists seeking to understand the full impact of this phenomenon. In order to gain a comprehensive understanding, it is pivotal to delve into the intricate interactions that occur between hosts and parasites. By doing so, researchers can unravel the complex dynamics of parasitic infections, explore the various ways in which these microscopic organisms infiltrate and subvert their hosts, and examine the potential outcomes for genetic variation and natural selection.

Throughout their lifetimes, countless organisms are significantly affected by parasites. These malicious entities have an uncanny ability to compromise essential biological processes in their quest for survival and frequent reproduction. Consequently, their presence can lead to severe consequences for both individual organisms and the broader ecosystem they inhabit. In fact, the spread of parasites is often so pervasive in many ecosystems that the effects are reversed when parasites are absent, underscoring the significance of further research in this field.

This particular study focuses on a key aspect of parasitism: the mechanisms through which parasites are transferred within their hosts. By investigating how these insidious creatures navigate and exploit their hosts' internal systems, scientists hope to unravel the mysteries and intricacies of parasitic transfer. Understanding the intricacies of this transfer process is crucial not only for developing effective methods of combating parasitic infections, but also for gaining insights into the inner workings of organisms at a fundamental level.

In conclusion, the study of parasitism serves as a gateway to comprehending the intricate web of interactions within ecosystems. By illuminating the mechanisms of parasite transfer, researchers can unlock invaluable knowledge about both the hosts and parasites involved. Ultimately, these findings can pave the way for innovative approaches to mitigating the harmful effects of parasitic infections on both individual organisms and the delicate balance of their ecosystems at large ^[9, 10, 11].

Two types of hosts can be found whose survival is specifically used by parasites: the main host—the host in which sexual reproduction is facilitated, which again creates dormant stages (sexual stages and eggs, cysts, etc.)—and intermediate hosts whose bodies are parasitic and thus only convey them. In many cases, the transmission of parasites includes multiple hosts before reaching an adult breeding organism. For instance, the companion dog *Echinococcus granulosus* parasites (cystic echinococcus) initiate their life cycle by transferring lodge-hunters Alveoli to sheep as a main host and infecting rabbits and rodents (for example, mouse friends or other beloved animals). Once captured by the dog, the life cycle closes, contributing to the distribution of the eggs. Throughout this intricate process, the survival and propagation of parasites heavily rely on their ability to manipulate and exploit various hosts. The main host serves as a pivotal source for the parasites, allowing them to engage in sexual reproduction and create dormant stages that are crucial for their persistence. Meanwhile, the intermediate hosts play a critical role in facilitating the transmission of the parasites, acting as mere carriers without deriving any benefits. Different hosts come into play at different stages of the parasite's life cycle, forming a complex network of interactions that ensure their overall survival. Thus, understanding the intricate dynamics between hosts and parasites is essential for comprehending the complex nature of parasitic infections and developing effective strategies for their control and prevention ^[4, 12, 13].

2.1 Mechanisms of Parasite Transmission

An appreciation of the profound impact of parasitism is greatly enhanced by a thorough understanding of the intricate mechanisms through which parasites are transmitted to their unsuspecting hosts. It is through these modes of transmission that parasitism continues to thrive and exert its insidious influence on countless organisms across the biological spectrum.

One of the primary avenues through which parasites propagate their treacherous existence is through direct contact. This can occur either between individual hosts, as they come into contact with each other's vulnerable surfaces, or through the environment itself, as parasites latch onto objects or surfaces called fomites and use them as launching pads to infiltrate new hosts. It is a testament to the adaptiveness and resourcefulness of parasites that they have honed the art of transmission via direct contact to such a fine degree.

However, the marvels of parasitic transmission do not stop there. In the realm of ectoparasitism, fascinating mechanisms come into play. These ectoparasites, such as blood-feeding creatures like ticks and fleas, have

developed an astonishing repertoire of "mechanosensory" triggers to initiate their transfer from one host to another. They are attuned to an unbelievably wide range of stimuli, allowing them to seamlessly transition between hosts and continue their parasitic pursuits with ease.

Yet, the world of parasitism becomes even more intriguing when we delve into the realm of endoparasites. These insidious organisms take up residence within their hosts, establishing an intimate connection that is both fascinating and destructive. Endoparasites draw sustenance from their unfortunate hosts, causing damage and siphoning off vital nutrients from a multitude of vertebrate sites. The intricate complexity of this relationship between host and parasite is a testament to the perfect balance that has evolved over millennia.

Endoparasitic transmission can occur through direct means, wherein parasites are transmitted in their infective stages via coprophagy or by infiltrating internal tissues. However, the plot thickens even further when parasites employ an indirect transmission method. This involves the use of a reducing or intermediate host, where a critical stage of development takes place before the final transmission to a suitable host site occurs. This intricate dance between hosts and parasites highlights the adaptability and resourcefulness that underpin the success and proliferation of parasitism in the natural world.

As our understanding of the intricate web of parasitic transmission grows, so does our appreciation for the astonishing ways in which these stealthy organisms ensure their survival. The complexities and mechanisms involved in parasitic transmission are not simply elusive curiosities, but rather a vital field of study that sheds light on the delicate balance that exists within ecosystems. By unraveling the secrets of parasitic transmission, we gain a deeper understanding of the intricacies of life itself [13, 14, 15].

Some parasites have the ability to alter the behavior of their hosts, making infected organisms more vulnerable to predation. This is a well-documented phenomenon, particularly among protozoan parasites. However, there is another intriguing occurrence that is not as extensively studied - the manipulation of intermediate hosts to increase the chances of them being consumed by the final host after being infected by a specific parasite. This process is most commonly observed in various trematodes, which have intricate life cycles that involve infecting multiple intermediate hosts before reaching maturity within a single final host, such as cormorants or herons.

In addition to manipulating host behavior, certain parasites, particularly those with pathogenic attributes, can also render their hosts more susceptible

to other diseases. This phenomenon plays a significant role in the growing concern surrounding "emerging diseases", especially within wild and domestic animal populations. It is important to note that in certain cases, the introduction of parasites into a host population is done intentionally, with the intention of gaining a commercial advantage ^[16, 1, 17].

Chapter - 3

Physiological and Immunological Responses in Hosts

Physiological responses to infection: The more general effects of parasitic infection on individuals are the subject of investigations interested in the host organism. Parasitism can considerably reduce the host individuals' lifespan by causing harm. This harm is inflicted upon the host in three ways: The simplest way to cause direct host damage is through parasitic castration. However, the most common harm to occur is that caused by an increase in the parasite's own resource allocation. Hosts can respond to parasitism by "inducible" physiological immune defense increases over untreated individuals. Some hosts may even adopt a "pre-emptive" response with higher levels of basal physiological immune defense in anticipation of a parasitic exposure which never or rarely happens.

Most host immune responses, however, are not solely physiological. On the one hand, classical as well as inducible immune responses often result in some form of an inflammatory response which mainly serves two functions: it attracts combinations of phagocytic haemocytes and at the same time serves as a barrier to the spread of an infection. On the other hand, if intracellular reactions are insufficient in eliminating a pathogen, apoptosis of infected cells helps in slowing down the proliferation of a disseminated infection. Furthermore, some immune responses like encapsulation do not necessarily require the presence of the pathogen within host tissue, but rather some material found on the surface of the pathogen. Finally, some immune responses, such as a humoral (encapsulation) response, act as a kind of tissue repair enzyme.

In addition to these crucial immune responses, there are various other ways in which the immune system protects the host. For instance, the body may initiate a series of intricate signaling pathways that coordinate the recruitment and activation of specialized immune cells. These cells, armed with a wide range of defense mechanisms, can specifically target and eliminate invading pathogens. Moreover, the immune system is equipped with a remarkable ability to recognize and remember previously encountered threats. This memory allows for a quicker and more effective response upon subsequent exposure to the same pathogen.

Furthermore, the immune system is not limited to its role in infection control. It plays a significant part in tissue repair and regeneration. When tissue damage occurs, immune cells are mobilized to the site of injury to remove debris and initiate the healing process. They secrete various growth factors and cytokines that promote cell proliferation and tissue remodeling. Through this intricate network of interactions, the immune system plays a vital role in maintaining the integrity and functionality of various tissues and organs in the body.

Additionally, the immune system exhibits remarkable diversity and adaptability. It is capable of recognizing an immense array of foreign substances, known as antigens, and mounting specific responses tailored to each threat. This specificity is achieved through a complex interplay between various immune cell types, including B cells and T cells, which possess unique antigen receptors. These receptors allow for the recognition and binding of specific antigens, triggering a cascade of immune responses aimed at neutralizing the threat.

Moreover, the immune system exhibits an extraordinary degree of plasticity. It can fine-tune its responses to different pathogens and environmental cues, ensuring an appropriate and proportionate reaction. This plasticity also enables the immune system to differentiate between self and non-self, limiting collateral damage to healthy tissues while effectively targeting invaders.

In summary, the immune system is a highly sophisticated and intricate network of cells, molecules, and signaling pathways. Its multifaceted responses serve to protect the host from infection, facilitate tissue repair, and maintain overall health and homeostasis. With its remarkable diversity and adaptability, the immune system stands as a remarkable testament to the incredible complexity and resilience of the human body ^[18, 19, 20, 18, 19, 20].

3.1 Host Defense Mechanisms

There are several fundamental questions in parasite ecology, particularly in the establishing of the effects of parasitism on host organisms and their ecosystems. While there are many ways to answer these questions, one of the fundamental approaches that is often used is to identify what mechanisms can and have been employed insofar as modern organisms defend against parasitic organisms. That is, if hosts have effective tools to combat parasites, we would expect that parasitism would tend to have relatively smaller effects in hosts that can more effectively defend themselves. Thus, the study of this topic can provide information about the importance of the disease in various

epidemiological and evolutionary contexts. Similarly, studies on parasitism have helped to better understand the diversity of host organisms, the relationship between the host and the parasite, and many of the mechanisms and genetic relationships between them.

One of the most crucial components of parasitism, insofar as it has an impact, is that the degree of infection is very variable from case to case. Usually, a small proportion of individuals in the host population have a high number or density of parasites. In general, the evidence accumulated from extensive studies conducted in the wild and experiments carried out with small populations indicates that this remarkable variability heavily relies on a multitude of host factors. It is quite remarkable to observe that there exist parasites whose size, number, and life cycle enables them to infiltrate the bodies of a vast majority of susceptible hosts, predominantly when specific favorable conditions are met. Remarkably, in such cases, the imposition of a certain physical distance can moderately and temporarily prove to be effective as a defensive mechanism. In a broader sense, it can be inferred that infections occur due to the fact that the vast majority of parasites capable of accessing and infecting a healthy host are ultimately either efficiently eliminated, inactivated, weakened, or substantially reduced in numbers ^[21, 22, 23].

Chapter - 4

Ecological Impacts of Parasitism

Parasitism occurs frequently in nature, with parasitic organisms invading the bodies of other organisms. If these infections become too numerous, they can even threaten the life of the host. We are only beginning to discover the sheer range of infections to which this rule applies. They often occur internally and may not be noticeable on the outside.

The members of a species interact with each other and with their environment at various frequencies and engage in multifaceted interactions. These interactions are influenced by a multitude of factors, leading to a wide range of occurrences that are not distributed evenly. In fact, many events are significantly less frequent compared to the majority. This uneven distribution is also observed in the occurrence patterns of parasitic infections. Similar to other phenomena, the frequency of parasitic infections varies greatly.

Parasites occur in all taxa and ecological systems. Several works have produced excellent general discussions of the principle of parasitism. Decades of research have demonstrated that parasites and infectious diseases can have key influences on the demographic, behavioral, and social parameters of host populations. Infectious diseases are also used by ecologists as tools for teasing apart the mechanisms that drive population cycles or inhibit the growth and range expansion of invasive species.

Parasitism is usually defined as an association in which one species (the parasite) benefits to the detriment of another (the host). Alternatively, parasites can be broken down according to the length of time they spend on or within their host. Parasites that spend their entire lives within their host, such as some viruses and intracellular bacteria and fungi, are endoparasites. Those parasites that live on the outside of the host and do not invade the body are called ectoparasites. However, as we will see later, no one fits unequivocally into either of these two categories, and the distinction turns out to be artificial; the criteria we impose being simply an expression of our own biases. It must be recognized that there is no single set of criteria that can be erected into a rigid taxonomic tool to enable parasites, commensals, and mutualists to be clearly separated from one another. Parasitism, then, is a specialized form of

predation and can act as a strong selective force in certain situations, especially in some ecological systems.

Parasites are such a diverse group of organisms that generalizations about their biology are difficult to make. Although some parasites can infect almost the entire host population, others are highly specialized. In this part of the review, ecological interactions and the processes of transmission of parasites are considered. Different aspects of host-parasite interactions are considered, with a particular emphasis on different patterns of transmission of infectious agents.

3.1. Mechanisms and dynamics of transmission Between the host and the parasite are the processes governing transmission and infection. However, successful transmission depends on the rate of reinfection that can be achieved. Hosts can vary in their susceptibility or their ability to transmit parasites. It is well-established that different host genotypes can exhibit varying levels of susceptibility towards different parasites. Prospective models on the influence of mating patterns on disease epidemiology report that they retain the challenge in the conversations over the potential of disease agents to evolve. If co-infections increase a host's infectiousness, they will also increase the force of infection, and in so doing ensure that ecological dynamics will be, to a greater or lesser extent, an inherent feature of the system in question. Where the epidemiological unit is a group (of hosts, say), major implications follow, in that the size-mortality curve, and hence vital rates, will involve the size and the age of the breeding group, as well as the immune and demographic properties of the individual hosts.

Parasites are known for having negative effects on their hosts, which include both poor health and reduced reproductive success. Since ecosystems also have their own functioning and can be disrupted through various disturbances, it could very well be that parasites also influence ecosystem functioning. In this section, we present an overview of how parasites are entwined in ecosystem processes that result in maintaining the structure, energy flow, and nutrient cycling in ecosystems. Moreover, we argue that parasitism might promote diversity within ecosystems, and can either increase or decrease the susceptibility to, or resolve of, perturbations.

The effects of parasitism on components of ecosystems, such as individual species or whole food webs, have recently been the focus of a range of studies. At the same time, the interest in ecosystem functioning has thoroughly expanded its scope, and investigations start to also address the demographical, physiological (energetic), and evolutionary backgrounds of

resource fluxes and transformations. Therefore, we can dig under the skin of ecosystem functioning to account for changes in metabolic and demographic parameters due to parasitism, i.e., effects on demography, energy, and substance fluxes. One may separate the accidental and passive influences parasites by just consuming a host into an increased general consumption. A bit more complicated and passive are the changes in longevity and development of the host due to general effects such as anemia or increase in respiration. The major consequences in demographical functioning and energy flux are induced by parasites that decrease the reproductive investment and output (r and K reproduction), due to direct negative influences of the parasite.

Parasite-induced behavioral changes in hosts. Parasites can cause a wide variety of changes in their hosts, often in ways that can increase transmission and survival of the parasites. Of particular interest and much publicized are the manipulations of host behavior that promote parasite transmission within their host population or prevent host mortality or immunopathological damage. Some manipulative behaviors have intrinsic interest because of the ease with which they can be measured in the laboratory; others are of special interest in the field because they might impact the distribution of parasites in nature and the number of host species they occupy. One important implication of parasite-induced behavioral changes in host organisms is that these behaviors might lead to population-level effects of the parasite. A relatively small number of studies have shown that parasite-induced changes in host behavior affect feeding rates, activity budgets, predation rates, metabolic rates, and body condition of the host. Behavioral change in shore crabs also affects the risk of transmission within the population. Other authors have long predicted the importance of such models and pointed to the importance of understanding their potential ecological impacts in the field.

The absence of information on the physiological impact of altered behavior of individuals and on the population impact of the behaviorally modified individuals has been identified as a major knowledge gap. We agree, and here present information that addresses these gaps. This article extends previous work by (i) examining learning (a metric of overall brain function), lesions, and preservation of cognitive function and correlates these metrics with field survival and other traits, (ii) including longer periods of data collection, (iii) including field survival and other traits.

The previous sections of this special issue have concentrated on either the applied aspects of rubbish dumping or the transfer of zoonotic parasites in changing environments. In contrast, this section focuses more on the role of climate change in terms of its impact on the ecology of parasites and its effects

on ecological function. This is due to the natural migration of studied topics and conceptual considerations in parasitological research, rather than a diminution of the applied aspects of the problem (impact of parasites on wildlife and implications of zoonoses).

The effects of climate on parasite ecology, including their abundance, reproduction, temporality, distribution, and influence on host communities, are increasingly well studied. However, the doctrinal question about the positive or negative influence of increasing temperature on parasitic diseases remains open. A variety of scenarios have been proposed, ranging from a shift in the geographical range of parasites with an already wide distribution to the north, further north, to a double invasion of pathogenic species not present in Italy and diffused parasites but causing pathologies. Some sections consider the impact of climate change on parasites to also change or determine the balance of ecosystems, with possible beneficial effects on the abundance of biodiversity, in line with a long history of naturalistic thoughts; parasitic diseases in this field also have their "value" as diseases of Mother Nature.

Recent research highlights the importance of parasitism for structuring ecological food webs. In these networks, parasites establish trophic links with other free-living species, such as top, intermediate consumers or basal resources, often depending either directly or indirectly on the energy extracted from the closest metabolic pathways of their animal or plant hosts. Hence, the transmission of infection from one host to another effectively contributes to the direction and rate of energy transfer within these networks, which are particularly appropriate for investigating the relative importance of parasitism in relation to other ecological trophic and non-trophic interactions, especially in the absence of long distance free-living dispersal of parasites.

Inclusion of host-parasitic systems may also enhance our understanding of trophic cascades and the extent to which system resilience to the loss of individual species is heavily dependent on structural redundancy in the synthetic webs generated by shared non-infected hosts who are otherwise feeding exclusively at the same or distinct trophic levels as infected hosts. In fact, a great deal of the literature on ecological trophic dynamics previously assessed the resilience of plant-herbivore-predator dynamics mainly through either host-parasitoid or herbivore-predator subwebs. In the present chapter, we highlight some of the consequences of including parasitic dynamics into intra- and interspecific predator-prey dynamics, including 1) the potential for perturbation-induced over-harvesting by predators, 2) a demonstrable reduction in the within-host dynamics of prey, allowing for the proposal of a theoretical mechanistic approach to explore the relationship between parasite-

specific reproductive output (R_0) and the ability of predator hierarchies to disengage significant bottom-up control from their prey.

The previous sections in this chapter have concentrated, by and large, on patterns and processes in natural ecosystems. Given the implications of parasitic productivity or crop load for food supply and security, here we turn our attention to parasitism in one specific ecosystem: agricultural systems. In terms of maintenance of host density, one bad season is enough. Crop damage and yield loss are indeed so dreaded that it allows many parasites of plants to be expected to progress in a damped or checked sawtooth wave of boom-and-bust. In contrast, management of parasites of productive systems has immediate economic implications. Until recently, it was sufficient for an agent to kill 99.99 percent of pests; however, with the advent of food safety regulation, it now often kills all host parasites; any few earnings that spill over into the wild are collateral damage, presumably.

Indeed, controlling an organism that infects our livelihood is much more acceptable to humans than controlling an organism that infects an organism that infects humans. Parasitism is also of great concern in livestock health. The pathogen may have co-evolved with humans, thereby controlling the host; however, other instances are anthropogenic: parasites are bugs of domesticated plants and animals. How should management of parasites differ, ecologically, depending on host system, and host agriculture or livestock management? We will show that the ecological conclusions are slower in striving for more yield because resources are needed to overcome immune devastation. Agricultural systems may be significantly different from livestock because they have significantly different host densities, among other factors.

Parasitism causes disease in humans (e.g., malaria, schistosomiasis, trypanosomiasis, ascariasis, hookworm infection). What can be done to improve public health in the face of ecological interactions? The literal answer to this question is that primitive epidemiology, that is intervention by actions designed without regard to general principles beyond trial and error, sometimes with frightful consequences, has been the history of public health throughout most of recorded history.

The larger implication of the question implies a broader focus on the implications of parasitic diseases beyond their direct impact on human health. For instance, with a few notable exceptions such as several species of schistosomes, adult intestinal parasites cause little pathology in terms of inflammation or ulceration in their hosts; they do, however, enhance "VPs" in

humans by competing for gut content. Moreover, the presence of many nematodes, whose development is interrupted when infected individuals are immunocompromised with HIV, typically has surprisingly little effect on human health when the infection "functionally" in the course of the usual "Non interfered development" of the worms, except when used prescribed anthelmintic in which case patients might experience diarrhea but few rhythm infections given protection of albendazole and/or ivermectin management administered to population groups.

Introduction: The study of parasitic interactions, including their effects on individual hosts, can provide important insights into broader ecological and evolutionary processes, such as species coexistence, community structure, and the coevolution of traits. Moreover, parasites exert myriad effects on wild and domestic organisms, including loss of species and genetic diversity, altered food-web structure, shifts in population demographics, reduced availability of ecosystem services, increased risks of ecological or commercial invasions, compromised wildlife and human health, and costs to agricultural productivity. In these ways, parasites can reduce both ecosystem function and human well-being.

Many of these effects may become more severe or widespread in the context of broader ecological (e.g., habitat destruction), social (e.g., globalization; movement of goods and people), and technological (e.g., climate change) change. The concept of a "global ecological community" portrays ecosystems as mutually interacting biological complexes in which phylogenies, as well as the evolution and biology of separate host and parasite species, are mutually cross-tribal. Global change approaches to host-parasite interactions, in particular, seek to map how anthropogenic activities modify not simply the dynamics or control of disease hosts, but also the ecological and evolutionary processes that govern the maintenance of biodiversity. The human alteration of the environment presents challenges to ecologists, precludes a stable ecological state of the earth. Global challenges of impeding ecological residual change are altering the environment and increasing in magnitude, and also causing continuing alteration. An effective modulatory approach to link the series of known-to-be-true or suspected-to-be-true population and leveling are essential to fight the hostile effect of ecological and evolutionary changes.

Generally considered an indication of low parasite virulence, parasite-induced immunomodulation describes a condition in which parasites alter host immune responses. Two main mechanisms are thought to mediate these structural changes in the vertebrate host immune system: antigenic immunodesensitization and hormonal manipulation. Vertebrate immunity against

protozoan parasites is generally attributed to T-cell dependent immune responses, whereas immunity against multicellular parasites is mainly executed by T-cell independent humoral effectors such as IgA and eosinophils. Despite immunosuppressive actions, viruses can also exaggerate host immune responses. In contrast to endogenous antigens predisposing to host immune desensitization, cytolytic viruses can be expected to cause extrinsic immunostimulation due to antigen liberation. The ecological implications of parasite-induced immunomodulation are potentially wide-ranging, depending upon the resilience of host community structure.

The sexually transmitted and 'slow' (12-20 reproductive hours) *P. rettgeri* induces immunosuppression starting inside the host gut and leading eventually to bacteremia. Prolonged immunosuppression entails colonizing protected cytoplasmic vacuoles of at least three more host food-web levels where passive vector is present. Immunomodulation spreading phenomena are expected to play a conspicuous role in ecological contexts characterized by a short average host lifespan (such as food chains in which invertebrates occupying different trophic levels are important hosts) and poor habitat heterogeneity (e.g. glacier-derived soils where only one, slow-growing moss species has colonized). Prolonged intracellular localization ultimately providing ovum protection is found in adult sporogonic stages of *Acanthamoeba*, also a zoite-encysting parasite with both vertebrate (immunocompetent) and invertebrate (immunocompromised) hosts, but rarely in a single human patient. Identifying the mechanisms responsible for parasite-induced immunomodulation, and reducing its impact, remains a challenge. In superorganisms such as ant and bee colonies, where constitutive immunosuppression is providing optimal fitness to parasites, such parasites are called 'social cheaters' and enhanced mortality and/or expulsion of compromised individuals provides a further selective force on this phenomenon.

This section introduces the idea that hosts may adjust their reproductive strategies as a consequence of parasitism and thus discusses parasitic effects on host reproductive success and/or behavior. It can analyze, for example, parasite effects on the quantity/quality of offspring allied to consequences at the host population level or consider inter- and intra-specific effects of exploitation on degraded hosts. This section may also cover parasite-induced abortion, nest desertion, or changes in mating effort resulting from the costs of parasitism. The hormonal changes related to parasitism could also be discussed here, for parasites that affect host endocrines. Finally, a comparison with non-parasitic examples may be mentioned here.

Abstract: Offspring quality can be reduced either by physiological impacts due to parasite exploitation or by selection of infections on maternal resource allocation such as filial cannibalism. From this perspective, we examine how parasites alter reproductive strategies of host organisms. Since many physiological effects are mediated by hormonal changes, we pay particular attention to the consequences of parasite-induced changes in host reproduction on feto-maternal steroids. We finally suggest that, at the ecosystem level, females infected by parasites can modulate the parasite transmission success to their descendants by affecting parasite development and increasing offspring resistance. A wide array of parasites can influence the reproductive strategies of their hosts, such as from single-celled organisms (e.g., *Toxoplasma gondii*) to macro-parasites (e.g., cysticercoids) up to micropredators (e.g., larval *Eubothrium*).

Let's consider human populations as an example. It is evident that there are more individuals who have been infected twice compared to those infected four times, and more individuals infected four times compared to those infected eight times. This intriguing pattern of frequency might be attributed to the limitations imposed by the finite life span of organisms. The constraints of time can significantly impact the occurrence patterns of parasitic infections. Furthermore, these time constraints are also reflected in the bill of fare of parasites, which often shows an incomplete utilization of common hosts. This means that certain parasites possess the ability to infect a wide array of potential host types. Consequently, the likelihood of infection is highest in regions where these host types exist in great abundance. In essence, the rate of infection is strongly correlated with the prevalence of potential hosts, specifically those individuals who are susceptible to being infected.

It is worth noting that there are no distinct or peculiar features of infection patterns within a host population that inherently make it more susceptible to attack by parasitoids. Instead, the susceptibility to parasitic attack relies primarily on the aforementioned factors such as host abundance and the prevalence of infectible individuals. These variables collectively shape the dynamics of host-parasite interactions within a population.

The complex nature of these interactions is further exemplified by the diverse strategies employed by parasites to maximize their chances of successful infection. Some parasites have evolved the ability to manipulate the behavior or physiology of their host, increasing the likelihood of transmission and survival. Others rely on certain environmental conditions or specific host behaviors for their life cycle to be completed. These intricate adaptations and strategies contribute to the intricate web of interactions that exist in host-parasite relationships.

Moreover, the interaction between parasites and their hosts is not limited to a single species or individual. Parasites can infect multiple host species, sometimes even crossing between different taxonomic groups. This ability to infect a variety of hosts enables parasites to exploit different ecological niches and increase their chances of persistence. In turn, hosts may evolve defenses to reduce the impact of parasitic infections, leading to a constant co-evolutionary arms race between parasites and their hosts.

In conclusion, the dynamics of host-parasite interactions are shaped by a myriad of factors, including the frequency and distribution of infections, the abundance and susceptibility of potential hosts, and the evolving strategies of parasites themselves. The intricate nature of these interactions highlights the complexity of ecological systems and the interdependence of species within them [24, 25, 26].

4.1 Population Dynamics

In this section, we will be focusing particularly on population dynamics. Population dynamics is a sub-discipline of ecology, and it is concerned with the variations in individuals within a population over space and time. There are four key determinants of population dynamics: births and deaths, meaning reproductive success and survival; immigration and emigration, which affect population dynamics since individuals can move into and out of populations, changing the number of organisms within the population; and the number of individuals at the start of the study, which also strongly influences subsequent patterns of birth, death, immigration, and emigration. Populations are assumed to be closed: that is, no new organisms are added, and none are lost to other populations. This is generally not true for most populations of parasites, since they are spread between hosts through vectors, intermediate hosts, or non-host mechanisms. This can be seen in the fact that the fundamental unit of a parasitic population is the number of individuals belonging to a species living amensally, commensally, mutualistically, or parasitically on or inside an individual from a different species.

There are many effects of parasitism, which vary between hosts according to the physiological, behavioral, and life history characteristics of hosts and their parasites. Within this chapter, we propose that the ecological impacts of parasitism on host populations can be considered as resulting from a combination of these physiological, life-history, and host-behavioral level effects. Thus, in the first section, we review disease effects in the wider context of parasite effects. We begin by considering how changes in host demographic rates, resulting from the presence of parasites, can impact the dynamics of host

populations. We then consider the ecosystem-wide effects of parasitism. Do these effects feed down from host population-level changes? ^[12, 27, 28]

Chapter - 5

Economic and Agricultural Consequences

The economic implications caused by parasitic interference with livestock and crop production are devastatingly significant. The ectoparasites of cattle, which can encompass insects, mites, and ticks, pose a formidable threat as they consume blood. Astonishingly, there are more than 50 biting insects that voraciously feed on cattle, subjecting them to perpetual irritation and distress. This relentless affliction not only reduces milk production but also hinders the weight gained in beef stock. Remarkably, these ectoparasites make up just a mere 10% of the total parasites infesting cattle, with the remaining parasites residing within their digestive system. The primary culprits in this internal realm are the notorious tapeworms and liver fluke. Although not of paramount concern in sheep, ectoparasites demonstrate a wide host range and preferences, allowing them to disseminate diseases within various animal populations. The larvae of gadflies inflicting livestock pose a substantial challenge, deteriorating both the quality and market value of wool and meat products. Furthermore, crops worldwide are relentlessly targeted by a multitude of parasites, resulting in diminished yields and a dire need for the application of chemical interventions worth billions of pounds on an annual basis.

Parasitic infections cost an estimated £300 million a year in lost production in the UK alone. The UK dairy herd cost could potentially be reduced by up to five pence per liter of milk if fluke could be effectively eliminated. In West Africa, the heavy dominant liver fluke causes serious food losses in cattle, while more common low-level infections also result in significant milk production losses. These losses have severe economic implications for the region.

Additionally, it has been observed that between 40% and 60% of animal abortions are directly linked to insect or tick-borne microbial diseases such as bluetongue. The impact of these diseases is not limited to animal health but extends to financial losses as well. The economic estimations indicate that gastrointestinal roundworms in sheep lead to a decrease in potential production by an alarming 25% to 30% in an infected flock. These statistics

are a cause for concern as they indicate a substantial loss in productivity and profitability for sheep farmers.

Moreover, the effects of parasitic infections extend to cattle as well. Recent surveys have highlighted the high degree of impact that worm infections have on cattle. For instance, a comprehensive study estimated the costs of worm infection on a 100-head farm to be between £16,000 and £241,000 a year, considering stock depreciation. Such enormous financial burdens significantly affect the livelihoods of farmers and can impede the overall growth of the cattle industry.

Hence, it is crucial to address and mitigate the detrimental effects of parasitic infections on livestock. By implementing comprehensive control measures, such as regular deworming, effective vaccination programs, and proper farm management practices, it is possible to reduce the economic losses associated with parasitic infections. Investing in research and innovative solutions will help alleviate the financial strain imposed by these infections, leading to improved productivity, economic growth, and overall sustainability in the agricultural sector ^[29, 30, 31].

5.1 Impact on Livestock and Crop Production

Some diseases threaten human health or well-being while sparing ecosystems of extensive harm. In contrast, certain types of parasites attack not only humans, pets, or livestock, but also organisms that are absolutely vital for the proper functioning and survival of ecosystems. Therefore, it becomes imperative to accurately assess the true cost of these parasite effects on human endeavors, such as agricultural efforts, as well as on the overall provision of ecosystem services. Even in cases where a parasite targets a specific part of an ecosystem that may not be immediately valued by humans, acquiring knowledge about the comprehensive magnitude of the parasite's impact becomes invaluable in order to thoroughly evaluate and comprehend the broader ramifications inflicted by the parasite.

Parasitism has substantial direct and indirect effects on population dynamics, fitness, and survival of hosts. The effects have been extensively studied using wild hosts in combination with experiments, and I strongly recommend referring to other scientific literature for more comprehensive information on this intriguing topic.

Parasitism, however, does not solely impact wild animals; it also significantly affects domesticated creatures such as livestock and crops. This influence occurs through a multitude of processes, ranging from direct mortality to the reduction of growth rates. In the realm of livestock production,

there is a plethora of pathogenic microparasites that include bacteria, viruses, and malarial, sleeping sickness, as well as trypanosome-causing single-celled eukaryotes. Among these, the larvae of worms, scientifically known as nematodes, pose a ubiquitous threat, particularly in sheep, goats, and cattle. In fact, these worms account for approximately 60-70% of the overall health problems that exist worldwide within these animals.

Given the detrimental impact of parasitic infections on livestock, substantial efforts are being made to develop potent drugs, therapeutic agents, and vaccines that can effectively reduce the negative consequences of these infections. Such research endeavors are widely regarded as a primary focus in the field. While there are certain diseases that can be treated with medication in the event of an outbreak, managing and controlling these infections pose an additional financial burden on farmers who are responsible for the well-being of their livestock ^[32, 33, 29].

Chapter - 6

Parasitism in Aquatic Ecosystems

A great portion of the world's ecosystems are aquatic, particularly seas and oceans, with these aquatic ecosystems hosting a diverse range of parasites that are parasitic to most metazoan taxa. High numbers of species comprise the majority over recorded parasites or predators: in fact, parasitic relationships are multiple times overrepresented. Aquatic ecosystems host unique opportunities to challenge our understanding of host-parasite and predator-prey dynamics. Indeed, fish represent one of the most well-characterized hosts in terms of having their parasite faunas described.

Parasitism is the most common type of symbiosis in nature, occurring at all taxonomic levels. Traditionally, parasitology focused on the relationships between a host and often a single specific parasite. This paradigm has been changing even during the last century thanks to developing molecular techniques, which yielded numerous instances of single and multi-parasite multiple-host systems. Likewise, over the past decade, several reports have shown multi-parasite interactions in various animal groups in terrestrial, marine, and fresh and brackish waters. These studies have resulted in numerous insights, such as the influence of biodiversity or altered immunity caused by co-infecting parasites. Remarkably, the role of the aquatic environment in the rupture or maintenance of this specific paradigm has been largely overlooked, and yet a recent review presents stunning evidence of the presence of parasites in aquatic habitats across 87.6% of species in those habitats, with many of these showing multi-species parasitism.

These facts suggest that parasitism is particularly common in aquatic ecosystems and can have far-reaching ecological, evolutionary, and immunological implications; yet often studies are heavily focused on well-known specific systems. In this Special Issue, we share a set of thirteen papers that provide insights into the patterns and processes of parasitism in aquatic ecosystems. Although the topics of papers in this issue range widely from viruses to helminths and amphipods to fish, these studies announce some important generalities. One such generality is that parasites are indeed associated with, or across, most species of animals and that infected

individuals can often host multiple infections. In addition, several of the studies detail the impacts these infections can have upon their hosts, including immune system development and efficiency, sexual selection, and parasite invasion and disease spread.

In aquatic ecosystems, several parasites infest a wide range of organisms, causing important shifts in the ecosystems. Depending on their life strategy and size, parasites have been historically classified into either small parasites and microparasites, focusing on the type of organism they infest, or using the range of hosts they can use. However, the aims of these classical classifications have given rise to a huge variety of parasites and parasite groups, which are clearly distinguishable from each other by the life strategy they follow, their requirements, or the type of effects they cause in the hosts. In addition, these classification schemes were developed before recent ideas regarding the molecular and evolutionary ecology of parasites, and many of those classifications do not consider the three-dimensional nature of host-parasite interactions or the importance of the pathways that both parties have during the post-encounter relation.

The diversity of aquatic parasites is vast, and it is rarely easy to distinguish between two kinds of parasites, due to the fact that organisms are complex living entities prone to getting infected by many parasites using different strategies. Parasites must be arranged in clear, unequivocal categories that take into account their evolution, diversity, and impacts on the hosts, and that should allow comparisons of parasite assemblages between, for instance, ecosystems. In aquatic parasites, two main groups exist: protozoans and metazoans, encompassing a wide variety of parasites, mainly due to the different life strategies that have been developed by metazoans. The same variety of life strategies has been developed in protozoan's life cycle, which cannot strictly be assimilated to either direct or complex.

Direct protists are parasites of almost all multicellular organisms. They are generally aquatic and characterized by being single-celled eukaryotes with a motile stage in their life cycle. They are not monophyletic and belong to a variety of taxonomic units: Euglenozoa, Percolozoa, Labyrinthulomycetes, Phytomyxea, Ellobiopsidae, Opalozoa, Rigifilida. The exact life cycles of most of these parasites are mostly undescribed or only described as general ideas. They encompass a lot of different forms of parasitism, storing food resources in their cells by complex and diverse methods. These specialists tend to infect specific hosts, although generalists are also known.

Protozoan parasites have been shown to occur in most hosts in aquatic

food webs. Such hosts range from environmentally ubiquitous species to very rare hosts in dedicated niches and from all trophic levels. Our best guess is that they do not show overall control over their host populations but do influence host populations in different ways, either by killing individuals, reducing reproductive success, or having a long-lasting negative effect on host survival. The ecological impact of protozoan parasitism can be devastating both at the individual host level and at the population and community level. It has also been shown that some protozoa can interfere with competition between the protozoan host and comparable small metazoans. Control measures have been suggested or worked out on a case-by-case basis. However, there are probably many more pseudoparasites that feed on symbiotic algae residing in a variety of hosts.

A very prominent fraction of parasites in aquatic ecosystems (70-80%) are Metazoa. Metazoa parasites in aquatic ecosystems can be divided into two large groups: (1) ectoparasites and (2) endoparasites. Among ectoparasites, copepods are the most abundant and diverse taxa. They have been found to colonize a variety of fish species (from marine to freshwater) and pass through life histories both as free-living taxa and parasites of animals, including fish. They are further divided into two groups: copepodites (free-living) and adult ectoparasites. Endoparasites are found in aquatic hosts from the bird's uterine and pouch parasites (*Acanthocephala*) to the fish monacanthid, tegumental, and digenetic parasites.

Fish ectoparasites and endoparasites enter fish through their skin, gills, eyes, nasal cavity, or female genital system during their free swimming or feeding life. The parasites are then transferred to the target site within the fish's body or make a living attached to the original site depending on the life history. The vast majority of fish parasites are specialized parasites living on a limited range of hosts and belong to the cosmopolitan character. Most Metazoa parasites have complex life histories, tissues, organs, and systems. Many Metazoa parasites reduce their host's reproduction and enjoy the benefits of obtaining nutrients from their hosts' bodies but may also have adverse effects on their hosts, and most ectoparasites also cause wounds that facilitate the entrance of other ectoparasites through the broken skin. Thus, it has been reported that just the presence of parasites causes stress in fish. As with other aquatic parasites, the presence of Metazoa in fish and shellfish has been associated with reduced spice quality and reduced production intrinsic to product quality.

Host-parasite interactions in aquatic ecosystems can greatly influence the ecology and evolution of hosts and parasites. Parasites can profoundly affect

host fitness and host populations, not only through reducing nutrient intake and increasing unaccounted metabolic losses, but also by influencing host behavior and potentially driving evolutionary change in host populations. Parasites also alter host physiology and are thought to be one of the most common ways that ecological factors can influence the evolution of the host organism. For these reasons, it has been suggested that parasites are essential to include in models that predict and support our understanding of the behaviors of aquatic ecosystems. This modeling work involves understanding changes in the condition and behaviors of the hosts, as well as imbalances in the trophic structure of a system.

Much of the interest in understanding relationships between hosts and parasites has emanated from co-evolutionary studies. Parasites are thought to be one of the main species that hosts co-evolve with, and coevolutionary models can offer ecological insights in cases where there are abundant parasites. After the initial development of epidemiology, it became popular mainly to work on detrimental parasites and to develop population models of the "SIR-type" based on mathematical ecology. These models are relatively easy to understand and address the immediate needs of human health. Few investigations tried to look at adolescence in the framework and the potential cognitive and awareness of the teenagers concerning parasite circulation in their communities.

An understanding of the strategies used by parasites to manipulate host performance and population biology is essential to evaluate the impact of parasitism on natural and farmed ecosystems. A comprehensive approach is provided by the "extended phenotype" concept, which treats parasites as genetic information actively manipulating host biology, and is hereafter used to assess the impact of parasitism on host physiology, behavior, ecology, and genetics.

Parasitic infections can lead to a broad range of physiological effects on the host. While a full description of these physiological changes is beyond the objectives of the present review, it can be usefully discussed and classified according to the different scales of impact: (i) at a cellular level, parasites can favor or inhibit apoptosis, produce reactive oxygen species, and activate or manipulate programmed cell death; (ii) at an organ/tissue level, parasites can alter various biochemical, enzymatic, and toxicological host defenses, modify the capacity of hosts to produce neurotransmitters, hormones, and/or immune cells, and change the speed of development and the size of individual cells and organs; (iii) at a whole-organism level, intense infections can negatively influence growth, feeding, oxygen consumption, and the capacity of muscle

pigmentation or swimming. These general physiological effects are often viewed as potential severity indicators, since a reduction of physiological capacities induced by parasites impairs their hosts' ecological functioning (e.g. learning, swimming, avoidance behaviors) and life history traits (e.g. growth, lifespan).

Co-evolutionary dynamics of host-parasite systems in aquatic ecosystems are of primary interest in microbial, aquatic, and general community and invasion ecology. The first approaches to these host and aquatic parasite systems point toward parallel and subsequent steps in the co-evolutionary process. During the subsequent steps, environmental changes, often specific to aquatic ecosystems (e.g., due to temperature and nutrient concentration effects), may influence intra-specific conflicts in the evolutionary process, inducing mutation or chance events that can affect or modify the specific trait evolution. This should induce a feedback showing how an increase in the infection rate can derive from long-term responses (i.e., co-adaptation).

The evolutionary dynamics derived from such a view thus state about a global and parallel co-evolution, up to specialization. The theoretically inferred genetic trait process of host and parasite systems can reflect and teach about other processes, such as the acquiring and loss of resistance due to the fitness costs, the intimate association between trait evolution and mating or dispersal ecology, and the possible effects of the intra-specific conflicts inherited from the general evolutionary backgrounds of the species. These steps can also interact reciprocally; for example, acquiring a specific immunity is theoretically possible if the parasite's evolutionary pressure has been increasing, with a related latency period in co-adaptation dynamics. This is a first, albeit simple, hint about how a host-parasite system can affect the ecological dynamics of a community over evolutionary timescales.

Active and passive mechanisms result in the transmission of parasites in aquatic environments. Parasite life cycles can range from possessing a direct life cycle that allows them to take up and be shed from the same intermediate or suitable final host or have an indirect life cycle where there are one or more intermediate hosts in which the parasite can inhabit, reproduce, and exit from. Furthermore, parasites in the intermediate host can be either trophically or directly transmitted to the final host. Lastly, even though a primary function of parasites is considered an energy transfer in food webs through trophic transmission, parasites can also be directly captured by their suitable host. These pathways of parasite transmission are crucial to understanding the processes responsible for the distribution and infection of parasite life stages in aquatic ecosystems and the ability to track hosts to determine the final or suitable host for the next parasitic life stage.

Parasite transmission in aquatic ecosystems is primarily driven by ecological interactions. Host-parasite interactions range from direct local interactions, such as a host is directly consumed by its predator, to more indirect local interactions and long-distance effects, such as a host is decimated by its parasite to alter local food web dynamics or a host contributes energetically to a parasite before being decimated in another region, respectively. In aquatic environments, one of the primary drivers of local host-parasite distributions is the pattern of host contact. Given high parasite aggregate distributions due to aggregated host distributions, parasites can mostly only be acquired by hosts living in a shared local environment.

Many aquatic parasites start their life cycle in the definitive host, i.e., the host species in which the sexual reproduction of the parasite occurs and, after division, most embryos are released in the external environment. Reproduction pathways are manifold and may include viviparity (i.e., embryos are released after maturation in the definitive host body and division) and oviparity, where embryonated eggs or different stages of complex life stages (e.g., onchospheres) are released within (e.g., released through faeces) or outside the definitive host. The presence of more than one definitive host, due to sympatric definitive host(s) being present (Figure 4.1), is also described for some particular cases in aquatic ecosystems (see Section 6). The signalment of the definitive host also affects the parasite egg output and, mostly due to the definitive host size, which influences fecundity and calculations of environmental egg/final-host helminth (EEFH) relationships. Once in the external environment, the transmission is described as 'direct' because it involves a single host, facilitated by several distinct ways evolutionarily evolved and adapted to exploit the many resources (nutrients, energy, etc.) that are endemic in the aquatic ecosystems.

This section will explain the key factors characterizing the first life history stage in aquatic ecosystems: (i) the developmental stage considered in the external environment; (ii) environmental factors influencing the infection pathway; and (iii) availability of the definitive host in terms of the prevalence of the adult parasites in a population. Overall, the success of the direct transmission pathway is characterized using an indicator, termed reproductive success. This is calculated by multiplying the parameters (per adult female parasite in definitive host, per successive developmental stage in the environment, per sympatric definitive host) that are most likely to change in the ecology of the zone where the study is carried out. If there is no chance for a particular parameter to occur, then the probability of this process can be denoted with a 0.

In the aquatic environment, the observed prevalence of parasites can be

high, estimated to be between 30% and 100% in various taxa. This high prevalence is explained by a combination of factors, including direct life cycles of many generalist and host-specific parasites, close host-host proximities in the aquatic environment, and overlap in contaminating exposure towards infective stages.

This section will focus on direct life cycles, specifically the indirect transmission of parasites via multiple hosts, under some circumstances (for example, single-host transmission via vertical transmission, presence of cercaria crypts (invisibility via transparency), immune evasion, large degree of contact with fish), as well as to include more stable transmission pathways that are likely capable of sustaining an epidemiological network of transmission. Perhaps slightly less relevant to the actual transmission of parasites in the wild, knowledge of indirect transmission will yield insights into the processes that might drive the general ecology (such as the distribution and frequency of species) of aquatic parasitic environments.

Indirect life cycles start by ingestion of encapsulated larval stages by a shielded host or, alternatively, by similar protective measures. Encapsulation occurs in parasites that generally live in digestive systems, for example, gut worms of fish, and assembly of a tough eggshell or cyst is hypothesized to protect it from being digested, absorbing nutrients (in some cases), and surrounding the larva with a means to exit. In cases (e.g. guinea worm or *Dracunculus medinensis*) where a means to exit a host is not provided, castration or release from the gut is advantageous for the upstream development of a pathogen in a vector, and in turn may provide proximate means for larval migratory behavior.

Environmental and biological factors are the principal determinants of parasite population dynamics and hence heavily influence both the prevalence (likelihood of infection) and intensity (number of individuals of the host species infected by the parasite) of parasites in their hosts. With financial support of parasites in aquatic monitoring programs, or food web analyses, including trophic transmission pathways, the stage will often require simple insight into the natural background (alongside any predation or competition of the parasites).

Specific ecological factors that can influence the likelihood of hosts' encounter (exposure to potential new parasites) and infection with parasites include factors that influence relative abundance between potential host and its parasites, as well as those that influence either the probability of transmission between the parasites and their hosts. A further range of factors

can influence the likelihood of infection in a host encountered; these factors determine the success with which the parasite can infect an individual host. Ecological factors may therefore include those that have global effects on the aquatic food web (and influencing relative abundances between all potential hosts and their parasites) as well as factors that act on a much smaller scale, such as the behavior of the host itself. Thus, factors that have been shown to influence the ease with which parasites infect their hosts can be categorized, for the purpose of our discussion, into three groups: abundance factors, transmission factors, and infection factors.

Parasite diversity in aquatic ecosystems can be substantial, but there is enormous variation across systems and taxa, making it difficult to generalize the patterns. Many parasites in aquatic ecosystems use more than one host during their life cycle, considering every host species exploited. This includes vectors as well. However, it may also be the case that a parasite species in some part of its distribution uses a vector, while in another part, the next host in the life cycle directly takes up the parasite from the environment.

Reports of parasite species richness from freshwater to marine systems vary from a few up to a couple hundred different parasite species of fishes alone. Every host fish may harbor a few to hundreds of individual parasites per host. On a single fish host, a parasite community that includes ten or more different species involved is already considered rich. In one study of parasitic copepods, 160 new species were found on New Zealand fishes. An abundance of about 100 worms per healthy sea bass in Britain has been reported, predominantly round- and tapeworms. Ecologically, most parasites would clearly be considered as *r*-strategists because they effectively exploit widespread resources, show exponential growth, short-lived free-living stages, and usually have a small adult body mass. However, because parasite fecundity is of no use in populations of endo- and many microparasites, the classic concept of *r*/*K* selection is of rather limited use in the classification of parasite life history strategies.

Parasitic species richness in aquatic ecosystems is highly variable, with a non-linear increase as a function of fish host richness. Spatial distribution patterns of parasites are also complex, with comparatively high host specificity of parasite species at a local and regional scale. A North-South trend in parasite diversity has been proposed for the Northern Hemisphere, with a peak in the temperate zone. There are, however, many exceptions to this generality, and water mass exchange can lead to faunas which are largely independent of latitude. There appears to be no latitudinal effect on abundance of adult parasites, but there is some evidence that larval parasites are

influenced by latitude in the Northern Hemisphere. Future studies should take two forms: 1. The direct testing of one or more ecological attributes of parasitism that have hitherto received little attention, and 2. Finding new systems, and applying more sophisticated experimental and molecular techniques to old ones, to test each of the fundamental ecological patterns outlined in the EPFP, in a variety of biomes. The expansion of the current system, and broadening of experimental manipulations, has the potential to greatly increase our understanding of the fundamental nature of this important ecological phenomenon.

History states that parasites are naturally selected toward macro parasitological states of space-use; benefits for the host populations are the main selective pressures for macro parasitological evolutionary farandoles; space use directly depends on the nature of the host (aquatic or terrestrial). Then, and from a secondary evolutionary point, parasites have faced symmetry as an ecological state of space-use and, those organophilic highly virulent parasites of fish, that make a cut in the fish (benefitting from equilibrium states in warm-blooded host, see, and in fish, see, have now selected toward macro parasitological states of equilibrium (or farandoles of space use) of large regions of the host, often covered by scales, being these states often asymptomatic. Then, taking all these ideas put together one could suggest that more studies will point to the advantages of macro parasitological evolutive farandoles states of space use in those parasites of fish that are obligate from an ecological but not interesting hosts for propagation. This putative necessity for evolution (phylogeny, in space and time) of the macro parasitological condition does not appear to have surface literature references, and either are not to be found on gaps databases.

Parasites are extremely diverse in both their evolutionary origin, taxonomic, and functional diversity. Cultivating, growing, and reproducing within or on a host are necessary requirements in their complex life cycle. Therefore, parasites are fundamentally interlinked with other biological systems and taxa and have essential implications for the dynamics of ecosystems. In this chapter, we review adaptations parasites have evolved in their reproductive behavior and life history strategies to exploit and manipulate the connected biological systems in aquatic freshwater and marine habitats.

In the physical environment, all organisms are subjected to a very low probability of finding and recognizing potential mates in order to copulate or disperse. For parasites, the situation is radically different as every host represents a mate either used for sex or, in the case of asexual parasites, as a

possible offspring. Moreover, the success of parasitism is extremely high and, as a result, parasites soon get in contact with billions of potential mates. The ecological and evolutionary significance of these adaptations, from volume and timing of parasite production to offspring investment and mate choice, for free-living hosts, ecosystems, and communities has so far received little attention in aquatic environments but warrants further experimental tests as we highlight examples from both freshwater and marine environments. In short, within aquatic communities, populations of several taxonomic groups can be considered to represent an annually produced outcome consisting of a large number of intraspecific clones with a potentially high degree of kinship.

A well-known example of a parasite-induced change in host behavior is a microsporidian parasite *Nosema granulosis* of lepidopteran *Galleria melonella*, which reduces the ability of the host to hide. Moreover, Otsuki described that *Asobara tabida* preferred to lay an egg in *Nasonia vitripennis* parasitized by mites. Increased physiological and morphological tolerance to environmental pollution is another feature of parasitized organisms. Three-spined sticklebacks infected by *Schistocephalus solidus* were more willing to forage and feed in an open area where they would be more vulnerable to predators than nonparasitized uninfected fishes. Moreover, these infected fish had lower burst swimming speeds and feeding strikes, suggesting a reduced ability to escape.

There are several mechanisms by which parasites manipulate the behavior of their hosts. Biochemical alterations in infected hosts are likely to be an important mechanism because parasites often manipulate the host through the release of hormones into the bloodstream. Alternatively, the parasite may release enzymes which alter the structure of hormone molecules to mimic the host hormone more effectively. Consequently, a variety of mechanisms may underlie parasite-related alterations in behavior. Yet, although the number of empirical investigations has grown recently (especially on invertebrates), the life history aspect of host behavior remains poorly understood. Ecological intensification of interest in the impact of parasites on larvae of odonates makes such knowledge particularly valuable. Host-parasite relationships in this group of insects are very frequent and valuable, but a better understanding of direct and indirect interactions between parasite and host will allow for a more universal insight into the ecology of the breeding assignments of insect populations.

Aquaculture operations are commonly affected by parasites that reduce the health, welfare, and productivity of captive fish and shellfish. One of the most common control methods is to medicate with powerful chemicals. This

can be effective against many parasites, but resistance can develop, especially if chemical concentrations become sub-lethal. Once a parasite population becomes resistant, there are no good treatment options. Therefore, it is important to use a range of treatment strategies to minimize resistance selection. Other ways to control aquatic parasites include manipulating the environment to reduce parasite establishment, ensure that the hosts are healthy and not stressed, breeding for resistance, and treating grow-out operations. There are numerous biological control methods that also may be used to reduce the impact of parasites.

In addition to the control strategies mentioned in the previous section that can be used to devise integrated pest management (IPM) approaches, in this section we discuss strategies for preventing and managing parasites in aquaculture systems. The success of measuring the parasite impact and devising treatments that are environmentally friendly is dependent upon an understanding of the biology, ecology, and life cycles of parasites and the pathogens they carry. In this section, we provide an overview of various parasite mitigation strategies that are employed in aquatic systems, detailing the chemicals, biological control methods, and strategies that directly impact parasites that have been used. We discuss the characteristics of water such as temperature, pH, and salinity that impact parasite populations and have been exploited in disease management. Finally, we discuss the characteristics of manipulated hosts and the strategies that are used to breed that host, and we discuss strategies that minimize the impact of parasites post-harvest.

Parasites are a major problem in aquaculture practice. Control of parasitic diseases can be achieved either by using genetic, biological, immunological, and ecological methodologies, or with the use of chemical agents. The use of chemicals that are toxic to the parasites and easily biodegraded to nontoxic derivatives at therapeutic concentrations is the preferred method. However, due to the unnecessary adverse environmental effects, the strategies for the control of parasites in aquaculture should be more focused on the principles of ecology to avoid negative impacts on the aquatic environment and the safety of human beings.

The ideal chemotherapeutic agent has a rapid and comprehensive action with high efficiency, low toxicity and residues, easy administration, inexpensiveness, and is nontoxic to fish, exempting the release of unmetabolized forms of apocalyptic compounds and unwanted derivatives in the aquatic environment. The chemical treatments available are able to control the reproduction, survival, and prevalence of parasites in fish culture as well as in grow-out facilities. However, these chemical treatments have limitations

such as the high minimal inhibitory concentration (MIC) for multicellular parasites, which prompts the increased use of subtherapeutic doses, increasing the risk of generating resistant forms. In contrast, substances with low MIC used alone or in combination can induce chemoresistance by the quick selection of survival genes. If we increase the drug doses in order to avoid this effect, the sensitivity of the host to drug toxicity is also increased, inducing a secondary risk to the fish stock.

Biological control refers to the use of natural predators, competitors, or parasites of the target pest species to manage them. It is a rapidly growing area, and we are only just beginning to appreciate the range of methodological approaches and research questions raised by the introduction of these biological control agents. Several hundred different biological control agents have been employed to control insect pests in agro-ecosystems. Some have proven to be well-established biocontrol agents and are used by commercial and non-commercial biocontrol organizations working in the field. However, crude population reduction may have significant and therefore damaging implications (indirect effects) for population dynamics at lower trophic levels, thus threatening ecosystems.

An ecosystem approach to understanding and managing parasites emphasizes the ecological role of parasites in natural ecosystems. Much recent work has been done on relating different stages in the life cycle and size of infected individuals to host population size and structure.

There is increasing realization that a variety of environmentally friendly and sustainable approaches are needed to control pests, and strategic and prophylactic treatments are just two of several measures necessary for the continued good health and performance of farmed animals. The use of biological control agents is one such method that can provide a sustainable approach to managing parasitic infection, but this approach is not yet widely appreciated, and there have not been clinical trials to test the efficacy of this as a tool to manage farmed animals. There is a risk that potential indirect effects are overlooked when diseases are managed by parasite removal alone, and it is certainly a risk when parasites are targeted chemically to the point of eradication. However, it should not be assumed that reducing parasitism will perpetually enhance population growth, as the reasons for age and sex differences in parasitism are often complex and depend on the epidemiology and also on exposure of the different hosts to infective stages of the parasite.

Parasites are the most abundant entities on our planet and occur with a high prevalence and intensity in aquatic ecosystems, representing important

ecological components in these environments. Aquatic systems, according to diversification and quantity, occupy more than half of the surface of the earth, making them an abundant source of parasites. Parasites act as important ecological factors in aquatic environments, capable of interfering in the structure and dynamics of local communities. The study of the parasite community has contributed to the understanding of various facets of the biology of different aquatic organisms. In addition to parasites acting as pathogens, causing fish disease epidemiologically, the monitoring of parasite communities is considered important to report the ecological status of aquatic systems.

In the aquatic environment, pollution and habitat modifications provoked by human activities are global problems challenging ecosystem integrity, reducing biodiversity, and disrupting the function of freshwater and marine ecosystems. Long-term gradual processes that usually happen gradually over several years are much more damaging than catastrophic situations. Healthy ecosystems can better withstand natural or human-initiated changes and continue to regenerate. Parasites are very successful in co-adapting to the structure, functions, and changes of the ecosystems, and as such, they are able to indicate changes in the ecosystems. Thus, changes in the parasite component reveal changes or damage to the ecosystem before significant changes can be observed at the host level. Furthermore, relationships between parasite communities and ecosystems significantly increase the value of parasitism in biological control, which is of major importance in the development of ecosystem management.

Climate change is anticipated to influence the presence, transmission, and pathology of parasites. This piece takes an ecosystems perspective to summarize the consequences of climate-induced shifts in parasitism in aquatic ecosystems. Parasites are ubiquitous in natural ecosystems, where they have been shown to have trophic, biodiversity, and ecosystem effects. Several decades of research suggest we could anticipate parasites to change under a changing climate, affecting patterns of parasitism. However, work to date suggests a range of potentially non-linear effects of current and future climate on parasites, including the potential for both increases and decreases in specific pathogens, in contrast to older predictions of global increases in parasitism. While much work remains exploring the potential implications of these increasingly detailed and contradictory predictions, it highlights the critical relevance of future parasites for global ecosystems.

Adaptation will be critical in managing aquatic resources in the light of these potentially diverse trajectories of change. This emphasizes the need to

incorporate explicit consideration of changes in parasitism into emerging ecosystems-based management of aquatic systems. Aquatic ecosystems contain over 15,000 metazoan fish parasites, with a total abundance that often surpasses the number of free-living organisms. Estimates suggest numerous pathogens infect many over 500,000 species of fish, limiting overall generalizations about potential responses. Moreover, parasites can influence the ecosystems by modifying the landscape of host communities or through inter-trophic level effects by modifying communities of hosts, vectors, or free-living stages.

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Future research directions and emerging technologies the development of cell and organ on a chip technology should enable tracking such processes. We have barely scratched the surface in terms of the effects of combining parasites, pathogens, and environmental stressors, which are likely to have impacts in both biological and ecosystem functioning. A better understanding of parasite and microbial interactions in situ using high-spatial and -temporal resolution imaging is essential. The one health concept, where human, wildlife, and environmental health issues are treated as a whole, offers much in terms of functional parasitological studies when considering other immortal organisms. Now that transcriptomic, proteomic, and whole genome technologies are routinely used, there is a need for greater functional genomic approaches, e.g., CRISPR Cas9 technology and transgenics in worms. This would enable the mechanisms of immune responses, parasite virulence, macro and micro evolution and neuro-parasitological studies to be tracked in situ.

Reductions in cost and improvement in resolution means that we can expect the widespread use of larval, juvenile, and adult fish and parasite tagging for small-scale parasite epi- and transmission-dynamic studies in both field and laboratory settings. Many parasites and hosts are long-lived organisms and hence rapid diagnosis of diseases is not always essential. With the advent of robotics and high throughput molecular analysis, however, rapid and routine diagnosis of parasites, such as those of notifiable diseases may well be merited in the future. Innovation in niche and non-model organism research. There is much to learn from comparing and contrasting intricate host-parasite relationships found in arboreal and land-based environments with those in marine and freshwater living organisms. Advances in technologies are reducing cost and thereby opening up wild-parasite genomics to parasitologists.

Parasitism occurs extensively throughout all species and ecological

niches of fish communities. Numerous prevalence and equally numerous macroparasite measures and statistics are negatively correlated with host fish growth rates or body sizes. However, metazoan parasites and especially the small worms that dominate in the number of species in freshwater habitats often have minimal impact on the overall apparent or measured health of hosts. In contrast, and in stark opposition to many of the aforementioned general ecological theories, fish growth data and a vast array of studies suggest that gut parasites have two conspicuous and conflicting effects. For numerous community global indices of fish health, higher parasite diversities are associated with more resilient or increasing host conditions. Predation is regarded as one of the most fundamental regulatory mechanisms of larval and juvenile stages of fish in the world's oceans, and particularly within marine environments, a significant portion of the mortality of these life stages can be attributed to predation. It is therefore unsurprising that fisheries management concerns so often revolve around predator-prey relationships [34, 35, 36].

6.1 Effects on Fish and Aquatic Invertebrates

Parasitism has a number of negative effects on hosts, from the pathological consequences of infections to disruption of growth and reproduction. Parasitism also has the potential to shape the organization of entire communities and to affect the ecosystems that they build. In aquatic systems, a large proportion of the organisms are ectotherms, with the numbers of different shoppers increasing with temperature. Lower levels of immunity mean that parasitism may well be more prevalent. Here, we focus on the specific effects of parasitism on parasitized host organisms, fleshing out what we know about the most well-investigated of these systems. Given the genetic, immunological, and regulatory similarities between aquatic invertebrates and fish, we thought this knowledge of the negative effects of parasites on aquatic animals was crucial for deducing the broader ecological importance of these interspecific interactions.

Parasites can have a number of negative effects upon their hosts, including a degradation of condition coded as reduced immunity, reduced growth, and reproduction. These effects prevent a trade-off between infection and exploitation of the host's resources and prevent unbiased investigations of the host's potential use as a vector. Ultimately, the effects of parasitism on the host, if absent, can help to expose parasite management strategies. Moreover, the total effect of parasitism on ecosystems and fisheries is the sole component of the authors' work that translates to the defined impacts of parasitism. Given the genetic, immunological, and regulatory similarities between aquatic invertebrates and fish, one might be appealing to ecologists of many taxa as a

clue to understanding the broader ecological importance of parasitic interactions.

Chapter - 7

Parasites as Bioindicators

Parasites as bioindicators can indicate the health of ecosystems. Many parasites have a life cycle that includes time spent in a host organism as well as significance to the host organism's health. Negative effects on the host animal resulting in malformations, lower survival rates, dependent juvenile stages, poor strength, or submortality can have a close relation to the health of a potential habitat. Therefore, a general procedure - decreasing influence, repeated ad nauseam by parasitic organisms - can be indicative of unhealthier ecosystems compared to ecosystems without, or with lesser frequency, of decreasing influence on their host organisms. Such use of parasites would be similar to the way Congress passed laws to ensure air quality based upon the health of peregrine falcons (*Falco peregrines*) during the 20th Century, as indicated by the amounts of DDT that the falcons passed on to prey organisms. This process of using bioindicators to assess ecosystem health is crucial for understanding and addressing wider environmental issues. By studying the impact parasites have on their host organisms, scientists can gain insights into the overall ecological balance of an ecosystem and make informed decisions for its conservation and management. Through the examination of parasitic influence, researchers can identify potential threats and develop strategies to mitigate their impact on both the host organisms and their habitats. In turn, this knowledge can contribute to the preservation of biodiversity and the sustainability of our planet's delicate ecosystems. Additionally, the role of parasites as bioindicators extends beyond purely scientific applications. Their presence and behavior can have socio-economic implications as well. For example, parasitic infections can affect the productivity of livestock, leading to economic losses for farmers and food security concerns for communities. By monitoring parasitic activity, authorities can implement appropriate measures to safeguard agricultural yields and ensure the stability of local economies. Furthermore, the study of parasites as bioindicators can aid in the detection and prevention of emerging diseases. As parasites often serve as vectors for various pathogens, observing their patterns and interactions can help identify potential disease outbreaks and enable proactive measures to contain and manage them effectively. Consequently, the use of parasites as

bioindicators serves as a valuable tool in safeguarding public health and establishing early warning systems for epidemics. In conclusion, the role of parasites as bioindicators is multifaceted and essential for assessing ecosystem health, addressing environmental challenges, and protecting both human and animal well-being. Through the study of their influence on host organisms and their habitats, scientists, policymakers, and communities can work together to create sustainable and resilient ecosystems for future generations. Furthermore, the recognition of parasites as key ecological indicators highlights the interconnectedness of all living organisms, emphasizing the need for holistic approaches in environmental conservation and management [27, 28, 17].

An alternative interpretation might emphasize the ecological role of parasites: either negatively, in the way that the presence of parasites to unsustainable numbers is merely symptomatic of overproduction within the population of the host, or positively, in the way that parasitism keeps healthy populations in check in a way that natural predation could and should accomplish. Indirect effects of parasites could play a significant role as well, perhaps in meaning as implications of other conclusions connected to predator-prey links. The vision of "cyclic, unmanaged nature" is the vision of "protected-from-less-foreseeable-negative-ecological-events nature" and this is reflected by the parasite status of wildlife within nature. Whereas in the context of sizable human predation, the unviable individual will be discarded, this is not the case in non-anthropocentric nature.

7.1 Use of Parasites in Environmental Monitoring

Assessment of environmental health is the most commonly cited benefit of bioindicators in the scientific literature, but it is usually addressed in a general fashion with few specific tools or methods available to address this application. The primary emphasis on parasites has been on the determination of the potential for parasites to reveal undetected acute and chronic environmental health issues. A qualitative assessment, accompanied by quantitative analyses, of the breadth and potential efficacy of parasitic indicators for the assessment of helminths, arthropods, protozoa, and fungi affecting hosts, as well as endo- and ecto-parasites as a group from a wide array of animals, has been evaluated. The assessment also includes an exploration of the interactions between these parasites and their hosts, taking into consideration various ecological factors and the dynamics of parasite transmission. Furthermore, the research has examined the impact of parasitic infections on ecosystem health, addressing the potential consequences for biodiversity, ecological processes, and overall environmental functioning.

Additionally, novel diagnostic techniques and advanced molecular methods, such as next-generation sequencing and metagenomics, have been proposed as promising approaches to expand the scope and precision of bioindicators for environmental health assessment. Overall, this comprehensive evaluation underscores the significance of parasitic indicators in understanding and mitigating environmental health challenges, and highlights the urgent need for further research and advancements in this field [22, 37, 38].

The scoring of the method and time element of indicator efficacy indicates that parasitic bioindicators show varied levels of potential utility, and parasites of marine/blue water fish show the most immediate promise. In addition to specific studies, parasites also show some promise in several experimental responses to estuarine pollution in invertebrates. Ideally, a focused application of parasites in environmental monitoring can advance the understanding of the broader impacts of host organisms on the management and direction of their ecosystems. Ecto- and endo-parasitic fauna abound throughout nearly all representatives of flora and fauna. The study of parasitic organisms and the harm that derives from or is associated with them is primarily the domain of parasitology, a sub-discipline of life science, and more popularly the domain of human or veterinary medicine and public health.

Chapter - 8

Parasite Evolution and Adaptation

Co-evolutionary relationships with hosts are not random and are governed by parasite traits, including rules set by parasite behavior and physiology. These intricate relationships have been shaped over time through a process of genetic selection, resulting in the development of more potent strategies or stealthier tactics that allow parasites to effectively navigate and interact with their hosts.

As parasites adapt and evolve, they fine-tune their host use traits to ensure successful avoidance of host defenses, efficient exploitation of host resources, and the infliction of virulence damage to host tissue. Additionally, parasites have been found to employ elaborate mechanisms for terminal host exploitation, enabling enhanced transmission to new hosts.

It is crucial to note that parasites do not passively adapt to their host environments; instead, they actively provoke host responses that ultimately serve their own reproductive interests. By triggering specific host responses, parasites can manipulate the host's physiology and behavior, increasing the likelihood of their own transmission.

In the dynamic interplay between parasites and hosts, parasites continuously counteract the refinements in defense models exhibited by hosts. This ongoing arms race drives the co-evolutionary process, with parasites perpetually evolving to overcome host defenses while hosts strive to develop new defense mechanisms.

Overall, the co-evolutionary dynamics between parasites and hosts are far from random. They are intricately governed by a combination of complex parasite traits, including behavior, physiology, and the ability to trigger adaptive host responses. These ongoing adaptations shape the co-evolutionary landscape, perpetuating the intricate dance between parasites and hosts [15, 39, 40].

Pathogens exhibit a wide range of factors and mechanisms governing their life history, which in turn drive their evolution and population dynamics. These dynamics are further shaped by the concurrent release of co-selected viral genotypes, resulting in the induction of negative cross-resistance by the

parasite. Ultimately, this intricate interplay leads to the evolution of suppressed deleterious avirulent strains with a lethal impact. Notably, the influence of parasite pressure is highly contingent upon the diverse array of parasite strains, each displaying unique genotypic characteristics. It is through these genetic variations that the underlying basis for the quantitative variation in host immune defense-inducing 'disease' phenotype arises, consequently enabling the parasite to manipulate its host within an ecologically relevant timeframe through the process of selection. Moreover, mutations may occur within a particular parasite gene, thereby generating multiple variants of the biological molecule in response to ample opportunities for genetic mutation. Such mutations occur at a specific rate and in strategic locations, ultimately fostering biochemical diversity that operates on the same temporal scale as the host population. Furthermore, gain- or loss-of-function mutations within these strategic loci establish crucial connections between host phenotype, polygenic resistance, and the overall variability presented by parasite phenotypes [41, 42, 43].

8.1 Co-evolutionary Relationships

Parasitism presents a peculiar and extraordinary case for evolution, as it often entails close and co-evolutionary associations between two vastly divergent partners: a parasite and a host. At its most extreme manifestation, the parasite's very survival hinges on killing its host, as its life cycle is contingent upon the utilization of the host's lifeless remains. Simultaneously, the host expends substantial energy and metabolic resources on its immune system to combat infection, and undergoes the formidable task of surviving reproduction and giving rise to offspring. This sort of asymmetrical relationship typically leads to oscillations in the sizes of parasite and host populations, providing only fleeting glimpses into the effects of parasitism on host populations. However, the ultimate outcomes of co-evolution encompass alterations in the fundamental life history strategies of both the host and the parasite. Over time, these co-evolutionary dynamics have given rise to captivating and intricate adaptations in both parasites and hosts. In their relentless pursuit of survival and propagation, parasites have evolved sophisticated mechanisms to exploit the host's resources and elude its immune system. From specialized hooks and suckers that securely anchor themselves to the host's tissues, to elaborate biochemical signals that manipulate the host's behaviors, parasites have refined their strategies to a state of perfection. On the opposite end of the spectrum, hosts have not merely endured as passive victims of parasitic assaults. Through countless generations of natural selection, they have devised ingenious defense mechanisms to counteract the

effects of parasitism. One such mechanism is the host's immune system, an intricately interconnected network of cells, tissues, and molecules that collaborate harmoniously to fend off invaders. The immune system has acquired a remarkable specificity, capable of identifying and targeting even the most subtle alterations in parasitic molecules. Through a complex interplay of immune cells and signaling molecules, the host mounts a robust response to parasitic infection, striving to eliminate or neutralize the invader. This perpetual struggle between parasite and host shapes the trajectory of co-evolution, propelling the development of increasingly sophisticated armaments and defenses. Beyond the immediate battleground of infection, co-evolution also exerts influence over the core life history strategies of both parasites and hosts. For the parasite, it becomes imperative to strike a balance between rapid reproduction and host longevity. Excessive virulence jeopardizes the parasite's survival by excessively hastening the demise of the host. Conversely, inadequate virulence undermines the parasite's capacity to effectively reproduce, limiting its opportunities for transmission to new hosts. Natural selection, acting upon the intricate equilibrium between virulence and transmission, steers the optimal strategy for a parasite to maximize its evolutionary fitness. In response, hosts have evolved an array of strategies to safeguard themselves and their offspring. Some hosts have developed physiological barriers, such as physical defenses or chemical secretions, to impede parasites from gaining entry into their tissues. Others have evolved behavioral defenses, altering their behaviors to minimize the risk of encountering parasites or to enhance their chances of surviving an infection. These adaptations, observable across a diverse range of host species, vividly illustrate the relentless evolutionary arms race between parasites and hosts. This co-evolutionary dance between parasites and hosts transcends their immediate interactions, permeating throughout ecosystems and communities, yielding profound consequences. As parasite populations fluctuate in response to changes in host abundance, and vice versa, these cascading effects can reverberate through entire food webs. For instance, when parasites suppress the population size of a specific host species, it can trigger an upsurge in the abundance of other species that rely on the same resources. Conversely, an elevation in host immunity may dampen the impact of parasitic infections, thereby altering the dynamics of predator-prey interactions. These intricate and interlaced relationships underscore the significance of comprehending co-evolution within the context of ecological systems. In conclusion, parasitism epitomizes a captivating realm for evolutionary exploration. The intricately intertwined and ever-evolving interplay between parasites and hosts serves as a testament to the immense power of natural selection and the extraordinary

adaptability of life. By delving into the mechanisms and repercussions of co-evolution, scientists persistently unravel the enigmas surrounding how organisms mold and are molded by their environments. Ultimately, the study of parasitism bestows upon us a deeper comprehension of the multifaceted interconnectedness that pervades life on Earth ^[44, 45, 46].

This means that one would need to understand the evolutionary history of the two partners in order to project the consequences of the co-evolution on them. For some host organisms, parasite-mediated factors would have represented a powerful selective force that shaped the evolution and life strategies of the host. It is also possible that a parasitized population may be a more "evolutionary relevant" ecological entity than its uninfected counterpart because the presence of the parasite may optimize the host's life-history strategy. The wealth of variation in the dynamics and nature of parasites and their relationships with host organisms is due to the fact that parasites differ according to their modes of existence, ranging from the horrific (entirely selfish) to the highly commensal.

Chapter - 9

Conservation Implications

Parasitism can exacerbate the risks faced by endangered species. In some endangered taxa, more than half of the individuals often harbor 1000 or more helminths in their tissues. Even in the absence of host extinction, parasitism has the potential to harm populations by reducing host growth rates or fitness, increasing the risk of a small population becoming extinct. From this perspective, managing wildlife in the 21st century may be as much about understanding and potentially managing host-parasite interactions as it is about understanding and possibly altering their physical environments. As environmental and conservation biology come together under the umbrella of the 'new conservation biology', knowledge from parasitology and epidemiology is proving increasingly valuable.

Parasitism has a broad array of conservation implications due to its complex and multifaceted nature. However, finding implications that are amenable to management poses a difficult and intricate challenge, mainly due to the vast difference in our understanding of the consequences of different kinds of diseases caused by parasites.

There exist both immediate and ultimate reasons why designing effective conservation procedures is a formidable task. Firstly, the means by which parasites generally influence host populations are still shrouded in mystery, as our knowledge in this field is limited. However, we are witnessing substantial advancements in understanding the impact of parasitism on hosts in various domains. This rapid accumulation of knowledge is enhancing the sophistication of our comprehension, leading to potential breakthroughs in managing and combating parasitic diseases, particularly in the fields of agriculture, wildlife, and human-wildlife conflicts.

Secondly, the influence of parasitism on the extinction risk of a particular population or species can vary greatly in terms of spatial, temporal, and causal factors. The intricate interplay between these factors creates a complex web of interactions that determines the overall consequences of parasitic infections. Understanding and predicting the exact extent of these implications is challenging, as it requires extensive research and analysis across multiple

scales. Consequently, effective conservation strategies need to address this variability and incorporate adaptability to ensure the long-term survival of endangered populations and species.

In summary, the conservation implications of parasitism are vast and intricate, presenting challenges in designing effective management procedures. Despite the ongoing advancements in understanding the impact of parasitism, there is still much to be explored and comprehended. By continuing to expand our knowledge and embracing adaptive strategies, we can strive towards safeguarding vulnerable populations and species from the detrimental effects of parasitic diseases ^[47, 14, 48].

9.1 Parasitism in Endangered Species

Parasitism in endangered species has clear implications for conservation biology. Parasitism can limit the viability of endangered species through mechanisms such as the introduction of novel parasites, the expression of normally benign parasites, and the reduced genetic diversity of the hosts. Within a management or therapeutic context, understanding the basic life history and transmission biology of infectious organisms is essential for effective treatment options. In the case of multi-host parasites in a conservation area, with protected species, understanding the hosts and transmission of these parasites could be essential to safeguard an endangered population from local extinction.

Parasitism in endangered species can have direct negative effects by significantly reducing the host's fitness and overall well-being. Mortality, being the ultimate and most devastating consequence of parasitism, poses a constant threat to these vulnerable species. In their relentless effort to avoid infection, animals often exhaust substantial amounts of energy and expend valuable resources. The impact of parasitism on endangered species is further exacerbated by the fact that empirical data on this subject are unfortunately scarce.

However, the detrimental effects of parasitism extend beyond immediate consequences and manifest over longer timescales and across multiple generations. One such indirect effect is the genetic isolation experienced by endangered populations, which promotes inbreeding and consequent reduction in genetic diversity. The lack of genetic diversity among these populations further heightens their vulnerability and susceptibility to novel parasites or virulence factors. This precarious situation underscores the urgency of conducting thorough parasite studies as an additional tool in the assessment of the habitable areas for endangered hosts.

By studying the pathogens present in various ecosystems and conservation areas, valuable insights can be gained regarding the factors that restrict and endanger the survivability of these hosts. This comprehensive approach allows for a more accurate modeling of ecosystems and conservation areas, helping to identify areas that are habitable and conducive to the preservation of endangered species. The information gathered from parasite studies serves as a crucial resource in making informed decisions and implementing effective conservation strategies aimed at safeguarding these invaluable species and their fragile habitats ^[49, 50, 51].

Chapter - 10

Climate Change and Parasitism

Climate change can cause strong shifts in species distribution in the near future, which will have far-reaching impacts on ecosystems. The effects of climate change are not limited to the organisms themselves, but also extend to their interactions with parasites. Parasites play a crucial role in shaping the distribution and abundance of host species in intricate food webs.

However, the consequences of climate change on parasites remain uncertain. Previously, it was believed that temperate parasites would experience a decline in numbers due to the accelerated speed of their development and reproduction. In contrast, it was thought that tropical regions, with stabilized life histories, would escape significant impacts. Yet, recent research has highlighted the complex nature of these interactions.

With the advent of the fourth corner of ecological niche theory, it has become evident that temperature plays a pivotal role in the evolution of a species' niche. Consequently, it can influence the geographic distribution of parasites, potentially leading to expansions rather than declines for certain parasite species that are more restricted in their ranges. Contrary to previous assumptions, climate change may actually provide an opportunity for these parasites to thrive and innovate in terms of host use.

The ability of parasites to adapt to changing environmental conditions and exploit new hosts in response to climate warming is a phenomenon that has been rarely observed and difficult to comprehend. However, it presents an intriguing avenue for further exploration and understanding. It is crucial that we develop heuristic and predictive models of parasitic interactions to better comprehend and prepare for these potential shifts. By doing so, we can gain insights into the dynamics of these complex interactions and mitigate any negative consequences that may arise [52, 53, 54].

Top predators, including parasites of herbivore mammals, challenge the way communities evolve and respond to climate change. This is certainly the case for megaherbivores, with the parasites infesting bison in North America likely affected by preceding climate changes or human activities during the Holocene. As aforementioned, species interactions, including parasitic ones,

have therefore the potential to modulate the impact of environmental change on host fitness and shifts in species distributions, with communities evolving under specific environmental drivers of niche evolution. Ecosystems where hosts are consumed according to a definite rank of biomass and size, and in which plant biomass is mainly channeled through large ungulates, have seen megaherbivores being preyed upon by top predators.

10.1 Impact of Climate Change on Parasite Distribution

Ecological parasitism confers enormous influences on both ecosystems and parasite hosts. Climate change, the change in the average and fluctuating patterns of temperature, humidity, and seasonal succession, can strongly influence the distribution of parasites and their hosts. The changes are proving to be much more complex than originally anticipated, as it is not simply a matter of migrating to a location where the requisite temperature for propagation is confined for both the host and the parasites. Instead, the emergence of a specific parasitism feeds by forcing the parasite to adapt to the host, rather than selecting the host that is solely suitable for the parasite's survival.

On the other hand, epidemiological studies predict that in a nitrogen-warming world, which encompasses both the current climate and the future projections, the distribution range of parasites and their hosts is expected to be widely spread. This implies that the impacts of climate change on ecological parasitism will be far-reaching and pervasive. As global temperatures rise and nitrogen levels increase, parasites and their hosts will likely encounter new environments, leading to shifts in their distribution patterns. These changes can have profound implications for the stability and functioning of ecosystems, as parasites play integral roles in regulating host populations and exerting selective pressures on their evolution.

Moreover, the anticipated spread of parasites and their hosts in a nitrogen-warming world brings about additional concerns for human and animal health. With the expansion of their ranges, certain parasite species may encounter novel hosts, potentially leading to outbreaks of diseases in previously unaffected populations. Furthermore, climate change-induced alterations to the abundance and distribution of key host species can disrupt ecological balance and increase the risk of disease transmission. As such, understanding the complex interactions between climate change, ecological parasitism, and host populations is of utmost importance in order to mitigate potential impacts on both the natural and human-made environments.

In conclusion, the effects of climate change on the distribution of parasites

and their hosts are intricate and multifaceted. From forcing parasites to adapt to new hosts to the wide-ranging spread of parasitism in a nitrogen-warming world, the repercussions of these changes are profound. By comprehending the intricate relationships between ecological parasitism, climate change, and host populations, we can better prepare for the challenges that lie ahead and implement effective strategies to safeguard both our natural ecosystems and public health ^[55, 52, 56].

Currently, the intricate and dynamic interaction between the host and various parasites can undergo significant transformations. These changes extend beyond solely the parasites adapting to the genetic species of the host, the temperature they reside in, or the specific types of food the host consumes to create an environment conducive to their survival. Rather, this interaction is far more nuanced. In the present circumstances, conflicting parasites have the capacity to alter their associations with particular behaviors. For instance, pathogenic parasites tend to optimize the host by engaging in immune suppression and exhibiting high virulence, among other strategies. On the other hand, mutualistic parasites strive to maintain the host's well-being, ensuring a state of health.

By examining and comparing the existing climate with future projections, it has been demonstrated that the adaptation of parasites and host forms can be categorized into two primary forms: adaptation and adaptation-saving information. These adaptations are closely linked to the parasites themselves, as well as the distinctive traits exhibited by the host individuals. Furthermore, there is a discernible contrast between the adaptations observed in mainland environments and those found in ice-covered regions. These variations further exemplify the intricacies of the host-parasite relationship and the multifaceted nature of their evolutionary dynamics ^[24, 57, 58].

Chapter - 11

Future Research Directions

- 11.1. In the era of emerging parasitic diseases
- 11.2. Expanding taxa studied and diseases of interest
- 11.3. Therapeutics in evolution
- 11.4. Bringing the host into focus
- 11.5. Parasite-host-environment interactions
- 11.6. Vector-borne diseases
- 11.7. Extraordinary interactions
- 11.8. Pathogen load and polymicrobial infections
- 11.9. Deeper ecology
- 11.10. Challenging dogmas

11.1. In the era of emerging parasitic diseases, over the past several decades, a multitude of newly identified and emerging parasitic diseases have been discovered, leading to the emergence of innovative and cutting-edge fields of research. This noteworthy progress encompasses the groundbreaking revelation of haemoparasites responsible for causing the notorious Chagas disease in the vast and ecologically diverse Amazon Basin. Moreover, a remarkable and revolutionary finding has unveiled an unprecedented alphaproteobacterial symbiont that effortlessly infiltrates the eukaryotic cells of ovary-infecting nematodes, eventually escaping into unsuspecting mosquitoes. Furthermore, in the ongoing pursuit of scientific advancement, a remarkable collaboration involving this exceptional team has recently uncovered and meticulously characterized the largest endosymbiotic genome ever encountered, currently residing within the genetically intricate *Strigamia myotomoni*. This particular parasitic organism, belonging to the extensively researched class Chilopoda, brings to light the immense scale of these parasitic genomes, thereby proffering novel methodologies to revolutionize genome minimization strategies and attain profound insights into the intricacies of

metabolic interdependence, which serves as the quintessential hallmark of parasitism. In a similar vein, the revelation of trypanosomatids in wild lemurs and banded mongooses expands our knowledge and comprehension of not only the diverse host species but also the extensive geographical range associated with these invaluable infectious agents. Consequently, it becomes abundantly clear that we are presently presented with numerous unexplored realms of discovery and intrigue, ripe for extensive exploration and illumination in the field of parasitic research.

11.1 Emerging Parasitic Diseases

EE 11 Emerging Parasitic Diseases

Charl de Buisseret and Andy Fenton

Introduction

This collection focuses on where the field is going in terms of emerging parasitic diseases, not simply extending from where it has come. Conventional parasitology has been concerned primarily with large, often obvious parasites of economic and public health importance, and attention has been mainly focused on unraveling the intricacies of free-living parasite life cycles. This view is now slowly beginning to change across the fields of parasitology and epidemiology. Recent sampling efforts by molecular and metagenetic approaches have revealed a common protrusion and frequent co-infection of host organisms, and two papers in this collection examine this development with nematodes in mice and macroparasites in snails. In a similar vein, we also recognize the renewed interest for discovering parasites of economic and health importance, rather than limiting our discovery research to, at first sight, innocuous species.

Following on from Lange et al.'s review, a great proportion of this collection deals with emerging parasitic diseases, with a focus on the mechanisms of how such infections emerge, and the traits of the parasites that underlie this. We examine the ability of infected individuals and populations to generate a contagious signal in the terrestrial, freshwater, and marine realms, and discuss data from both field and controlled experiments. We also continue the quest for understanding the nature of parasite-induced mortality factors, as well as the signals pests give off to allow us to predict increased risk of pathological infestations. The special section closes by examining the central part of the epidemiological jigsaw: the parasites themselves. We need to learn about our enemies. What parasites are emerging, where are they coming from, and have our management programs had any success in reducing the effects of disease?

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